



ANNUAL

FIPP Early Head Start

Monitoring Review

FIPP Early Head Start participated in a tri-annual federal review December 2010. We are awaiting the results of the review.

Audits

FIPP Early Head Start is operated in partnership between FIPP and The Enola Group. The Enola Group's most recent fiscal audit revealed the consolidated financial statements present fairly the financial position of the Enola Group. For a more detailed report, please contact the Enola Group.

Funding Budget

Income	
Federal Early Head Start Grant	2,606,952
Expenses	
Personnel	673,542
Fringe Benefits	148,330
Training/Technical Assistance	145,753
Equipment	148,069
Supplies	456,854
Contractual	769,757
Other (Rent, utilities, insurance, repairs, travel, advertising, etc.)	163,616
Indirect Costs	101,031
Total Expenses	2,606,952
In-Kind Contributions & Donations	
FIPP In-Kind	317,826
Parent Services (In-Kind)	4,164
Community Services (In-Kind)	288,966
Donated Supplies	139,637
Total In-Kind Contributions & Donations	750,593

2010

REPORT

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Early Head Start

What is Early Head Start?

Early Head Start (EHS) is a federally funded, community-based program for low-income families with infants and toddlers and women who are pregnant. The EHS mission is to

- promote healthy prenatal outcomes for pregnant women,
- enhance the development of very young children, and
- promote healthy family functioning

In 1994, the Secretary of Health and Human Services formed an Advisory Committee on Services for Families with Infants and Toddlers to design EHS. Early Head Start began with 68 programs in 1995 and has grown to a nationwide effort of more than 1,500 community-based programs serving more than 90,000 children. As with Head Start, Early Head Start offers children and families comprehensive child development services through center-based, home-based, and combination program options.

FIPP by the Numbers

238	Number of children enrolled in FIPP EHS during the 2009-10 enrollment year
33	Percent of children under 1 year of age
25	Percent of children 1-2 years old
26	Percent of children 2-3 years old
8	Percent of children over 3 years old (at the end of the year)
97	Percent of children living below 100% of the poverty line
9	Percent of children who were enrolled in FIPP EHS for 2 or more years
148	Number of families served this enrollment year
90	Number of two-parent families
58	Number of single parent families
47	Number of children whose fathers/father figures participated in EHS activities
23	Number of families experiencing homelessness
9	Number of families experiencing homelessness that acquired housing during the enrollment year

What parents have to say

Before, my son played alone and didn't want me to play with him. Now since we have been coming to the FRC he enjoys our time together and with other children. My son has learned how to share and take turns with others. My home visits are helping me with my goals, planning and participating with my son.

They have helped me grow and be better with my own family and friends.

FIPP Early Head Start is something every family should get when they have a new child. It should be as common as choosing a pediatrician.

What staff have to say

Working for EHS has enabled me to have an impact on my community in a meaningful way. People believe in what we do and it's a source of pride to be associated with Early Head Start.

FIPP Early Head Start is always pushing me to go to school and provide me with the help and support I need to be successful.

What the community has to say

I try to make sure that all the families I work with come to EHS for services.

FIPP EHS invites the whole community to activities and so has become a community resource.

The flexibility of FIPP Early Head Start to meet the community needs is perfect for agency collaboration. They can fill all the gaps between the agencies to ensure that no one is left without services.

What is FIPP Early Head Start?

Family, Infant and Preschool Program (FIPP) Early Head Start has been operating since 2003 providing comprehensive child development and family support services to the families of Alexander County. In 2009, FIPP Early Head Start expanded to Burke and Caldwell counties. The mission of FIPP Early Head Start is...

...to promote the development of young children by strengthening families and building caring responsive communities.

We do this by providing a variety of child, family and community activities that are evidence-based. In other words, we plan our programming and implement practices that have been shown to have positive effects on children, families, and communities, and we continuously collect and analyze data about the effects of our program to ensure that we are delivering high quality services that are benefiting our constituents.

As always, FIPP Early Head Start has rigorously evaluated itself this year and keeping with the cornerstones, traditions, and spirit of Early Head Start, FIPP Early Head Start is proud to announce its achievements during the 2010 program year.

FIPP Early Head Start



Outcomes for Children

Medical and Dental

- 91%** Percent of children with a medical home
- 87%** Percent of EHS children enrolled in Medicaid
- 0%** Percent of children enrolled in Health Choice
- 3%** Percent of children with private health insurance
- 86%** Percent of children up-to-date on well checks
- 43%** Percent of children with a dental home
- 7** Number of children referred for mental health services



Preparing Children for School

FIPP Early Head Start implements a variety of programming to support parents' abilities to promote children's participation in learning opportunities that focus on school readiness. These outcomes are listed below:

- 92% of parents who have been enrolled in EHS for more than 6 months report that they know how to provide interest-based learning activities for their children.
- Children enrolled in EHS are keeping pace with expected development and achieving GREATER than what is expected for the social domain.
- 72% of the children enrolled in EHS participate in structured interaction designed to promote child learning in interest-based activities.
- Children enrolled in EHS for more than 6 months receive an average of 3.5 home visits per month focused on promoting child learning through everyday activities and routines at home and in the community.
- 201 Children received at least 1 developmental & sensory screening.

Outcomes for Families

94% of parents enrolled in EHS for more than 9 months reported that their positive parenting experiences have increased as a result of having been enrolled in FIPP EHS as indicated by the following:

- Developed new ways of helping their children learn
- Increased their confidence in being a good parent
- Improved their knowledge of how children learn
- Made it easier to play or interact with their children
- Encouraged them to find more ways to spend quality time with their children

- 32%** Percent of fathers or father figures were involved in EHS activities with their children
- 49%** Percent of the families enrolled in EHS received emergency crisis intervention such as meeting immediate needs for food, clothing, or shelter
- 98%** Percent of the families enrolled in EHS for more than 45 days received health and parenting education
- 16%** Percent of the families enrolled in EHS received support from EHS related to child abuse and neglect issues

Of the 146 families completing surveys, 16 completed a set of 3 surveys, administered during their last 12 months of EHS enrollment.

- 100%** of the parents surveyed reported always or almost always feeling "I am really good at figuring out what my child likes" and "I am good at showing my child how much I love him/her."
- 91%** of the parents surveyed reported always or almost always feeling "I know my child better than anyone else," "my child and I spend many happy moments together," "it's a breeze doing everyday parenting activities like feeding and bathing my child," "Getting my child to play or interact with me is easy to do," "I really enjoy holding and snuggling with my child," "I think of myself as a really good parent," "playing with my child is lots of fun," and "I feel good about getting my everyday parenting responsibilities done."

Parent Involvement

FIPP Early Head Start offers a variety of parent participation and parent leadership opportunities. Parent participation in FIPP Early Head Start is afforded through the following activities and opportunities:

- Peaceful Parenting group
- Parent committee
- Policy council
- Parent-child playgroups
- Home visits
- GED/ESL classes
- First Aid/CPR classes
- Family field trips
- Family Fun Day
- Fatherhood activities
- Volunteering in the classroom

Community Outcomes

EHS Community Partnerships by the Numbers

- 50** Number of volunteers
- 12** Number of children dually enrolled in EHS and Early Intervention (CDSA)
- 131** Number of children dually enrolled in EHS and WIC (Health Department)
- 43** Number of children dually enrolled in EHS and TANF (DSS)
- 19** Number of children dually enrolled in EHS and Child Protective Services (DSS)



Professional Development Outcomes

Staff Credentials

- Nine FIPP Early Head Start child development staff members earned an Early Educator Credential (EEC) in 2009. EEC is North Carolina's certification system for Early Educators
- 87% of the child development staff have higher than an Associates Degree
- Two EHS staff were formerly enrolled in the program
- Five EHS staff are training to become child birth doulas

Hours of Staff Development

The mark of a high quality program is the commitment toward professional development and continuing education. FIPP Early Head Start staff have participated in an average of 135 hours each of staff development activities to improve and maintain high quality services. Staff development this year has focused on:

- Evidence-Based Parenting Support Practices
- Capacity-Building
- Coaching Families and Colleagues
- A Capacity-Building Approach to Resource-Based Intervention
- Home Visitor Safety
- Identifying and Reporting Child Abuse and Neglect
- Developing Functional Child and Family Goals
- Documentation and Record Keeping
- CPR/First Aid
- Preventing SIDS
- Head Start Performance Standards
- Organizational Policies & Procedures
- Promoting Interest Based Child Learning
- Transitions

Dissemination

FIPP Early Head Start is committed to promoting knowledge and evidence-based practices at the local, state, and national levels. To this end, FIPP Early Head Start staff members have delivered the following presentations:

- Argabrite, R. E. & Davis, F. A. (2010). Play in early childhood. In B. E. Chandler (Ed), *Early childhood occupational therapy services for children birth to five* (pp. 217-252). Bethesda, MD: American Occupational Therapy Association Press.
- Bailey, D., Bolds, C., Raspa, M., Rush, D. D., & Shelden, M. L. (2010). Promoting Family Outcomes in Early Intervention. Measuring Child and Family Outcomes Conference, OSEP Leadership Mega Conference, Washington, D.C.
- Clark, K. (2010). Individualizing Early Head Start Curriculum. Presentation at North Carolina Cluster A training, October, 2010, NC.
- Davis, F.A. & Ethridge, S., (2010). Creating a capacity-building pregnancy curriculum: Great expectations and new beginnings. Presentation at 14th Annual Birth to Three Institute Looking Forward from 2010: Keeping Babies, Toddlers, and Families at the Heart of Early Head Start Services. October, 2010, Washington, DC
- Davis, F.A. & Ethridge, S., (2010). Great Expectations and New Beginnings. Session at Early Childhood 2010: Innovation for the Next Generation. August, 2010, Washington, DC
- Davis, F.A. & King, J. L., (2010). Between Us: Asset-Based Connections: Enhancing parent participation in promoting child social-emotional behaviors. Presentation at 14th Annual Birth to Three Institute Looking Forward from 2010: Keeping Babies, Toddlers, and Families at the Heart of Early Head Start Services. October, 2010, Washington, DC
- Davis, F.A. (2010) Between Us: Asset-Based Connections: Enhancing parent participation in promoting child social-emotional development. Session at The 26th Annual International Conference on Young Children with Special Needs and Their Families. October, 2010, Kansas City, MO
- Loftis, A. & Duckworth, K. (2010). Promoting social development in mixed-age infant and toddler care. Presentation at 14th Annual Birth to Three Institute Looking Forward from 2010: Keeping Babies, Toddlers, and Families at the Heart of Early Head Start Services. October, 2010, Washington, DC
- Sexton, S. (2010). A closer look at home-based services. Presentation at FIPP Center for Professional Development, September 2010, Morganton, NC.
- Sexton, S. (2010). Evidence-based Early Head Start services. Presentation at North Carolina Early Head Start Orientation. May 2010. Raleigh, NC.
- Sexton, S. (2010). Promoting parent participation in group socializations. Presentation at 14th Annual Birth to Three Institute Looking Forward from 2010: Keeping Babies, Toddlers, and Families at the Heart of Early Head Start Services. October, 2010, Washington, DC.
- Sexton, S. (2010). You can't do it alone: The road to collaboration. Presentation at 14th Annual Birth to Three Institute Looking Forward from 2010: Keeping Babies, Toddlers, and Families at the Heart of Early Head Start Services. October, 2010, Washington, DC
- Shelden, M. L., & Rush, D. D. (2010). A primary-coach approach to teaming and supporting families in early childhood intervention, pp. 175-202. In R. A. McWilliam (Ed.), *Working with families of young children with special needs*. New York, NY: Guilford Press.
- Shelden, M. L., & Rush, D. D. (2010) Writing participation-based IFSP outcome statements. Session at The 26th Annual International Conference on Young Children with Special Needs and Their Families. October, 2010, Kansas City, MO
- Taylor, H. F., Davis, F.A. & Keilty, B. A. (2010). Prenatal early intervention supports and follow-up from the medical community. Poster at The 26th Annual International Conference on Young Children with Special Needs and Their Families. October, 2010, Kansas City, MO

Written Agreements

In order to promote community collaboration and the efficient use of resources to support EHS eligible families, FIPP EHS maintains written partnership agreements with the following community agencies:

- Head Start
- Health Department
- Department of Social Services
- Public Library
- Smart Start
- Children's Developmental Services Agency
- Even Start Family Literature Program
- Catawba Valley Healthy Families