



Bath time is a beautiful time for learning and enjoying...*

- *Dressing and undressing*
- *Looking in the mirror*
- *Splashing in water*
- *Filling and emptying cups, boats, toys*
- *Learning body parts*
- *Using a washcloth*
- *Counting fingers and toes*
- *Playing pretend games*
- *Singing songs*
- *Learning how to use soap and washcloths*
- *Imitating a brother or sister*
- *Enjoying routines*



How could you support your child's learning at bath time?

I could...

- ▶ Notice what my child likes to do when in the bathtub.
- ▶ Provide materials my child enjoys playing with in the bathtub (such as bubbles, cups, balls, toys, bathtub paints).
- ▶ Show interest in what my child likes to do.
- ▶ Give my child more time to play in the bathtub.
- ▶ Make comments about my child's games and play to help him/her stay engaged and learning.
- ▶ Follow my child's lead in play in the bathtub.
- ▶ Join in what my child is doing.
- ▶ Encourage independence.
- ▶ Talk to my child about what he/she is doing (such as "Now you are washing your knee").
- ▶ Offer my child chances to use soap, shampoo, washcloth to clean.
- ▶ Notice and comment on my child's new activities and skills.
- ▶ Arrange the environment so my child can play safely (such as putting down a non-slip pad on the bottom of the tub).

* Bath time activities promote development in all areas: cognitive, communication, motor, self-help and social.